Skills List (10% and 1% Solutions)

8 10	0 10
Skills to take care of myself or feel better:	
,	
	08
Skills to take care of myself or feel better:	
4.7	0 6
Skills to take care of myself or feel better:	
Skins to take care of myself of feet better.	
	0 4
Skills to take care of myself or feel better:	0 4
	0 4
	0 4
	0 4
	0 4
	0 4
	0 4
	0 4
Skills to take care of myself or feel better:	
Skills to take care of myself or feel better:	0 2
Skills to take care of myself or feel better:	
Skills to take care of myself or feel better:	
Skills to take care of myself or feel better:	
Skills to take care of myself or feel better:	
Skills to take care of myself or feel better:	
Skills to take care of myself or feel better:	
Skills to take care of myself or feel better:	
Skills to take care of myself or feel better: O T Skills to take care of myself or stay in BLUE:	0 2
Skills to take care of myself or feel better: O T Skills to take care of myself or stay in BLUE: O T	
Skills to take care of myself or feel better: O T Skills to take care of myself or stay in BLUE:	0 2
Skills to take care of myself or feel better: O T Skills to take care of myself or stay in BLUE: O T	0 2
Skills to take care of myself or feel better: O T Skills to take care of myself or stay in BLUE: O T	0 2
Skills to take care of myself or feel better: O T Skills to take care of myself or stay in BLUE: O T	0 2
Skills to take care of myself or feel better: O T Skills to take care of myself or stay in BLUE: O T	0 2
Skills to take care of myself or feel better: O T Skills to take care of myself or stay in BLUE: O T	0 2
Skills to take care of myself or feel better: O T Skills to take care of myself or stay in BLUE: O T	0 2