



UK LIVED EXPERIENCE SUPPORT FOR ADDICTIONS

Alcohol, Drugs & Behavioural addictions & Affected Others

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Click on Links in the sections to be directed to web sites

Alcohol

[Smart recovery UK](#)
[Alcoholic Anonymous](#)
[No More Pretending](#)
([Punjabi community](#))
[Lived experience Recovery Map](#)

Drugs

[Smart recovery UK](#)
[Narcotics Anonymous](#)
[Cocaine Anonymous](#)
[Solvent addiction](#)
[Lived experience Recovery Map](#)
[Dual Diagnosis Anon](#)
[DAA](#)

Gambling

[Peer Aid](#)
[Smart recovery UK](#)
[Gamblers Anonymous UK](#)
[GA Scotland](#)
[Afarriad - Wales](#)
[Reframe](#)
[GamFam](#)
[EPIC Restart](#)

Gaming/Internet

[Gaming Anonymous](#)
[ITAA](#)
[OLGANON](#)

Other Addictions

[OCD Addiction](#)
[Obesity UK](#)
[Workaholics anonymously](#)
[Clutterers Anonymous](#)
[OAGB - Eating Issues](#)
[Hoarding UK](#)
[Sex addiction](#)
[Eating Disorders Anon](#)

Affected Others

[Adfam](#)
[Famanon](#)
[Adult Children of Alcoholics](#)
[Alanon](#)
[Carers UK](#)
[Drug Fam](#)

Affected Others

[Scottish Families](#)
[Co-dependency Anon](#)
[Family Rights Group](#)
[Survivors of bereavement \(suicide\)](#)
[GamCare for AOs](#)
[GAMFAM](#)

Mental Health

[MIND Support group](#)
[UMHAN mental health](#)
[Rethink - Mental health](#)
[Napac: survivors of child abuse](#)
[BPolar UK](#)
[Body Dismorphia](#)